POLICECOMPASS

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FREE LEGAL GLOSSARY

Reasonable grounds: a set of facts and circumstances that would satisfy an ordinarily cautious and prudent person, and that are more than mere suspicion; a lower standard of proof than a balance of probabilities.

Dark Web: a very small portion of the deep Web where websites and pages are intentionally hidden and are not accessible using a standard web browser

Telewarrant: an alternative method of applying for a warrant, whether by telephone or by other means of telecommunications.

Indictable offences: serious offences, such as murder, with longer periods of imprisonment and more complex prosecution procedures than those for summary conviction offences.

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PRACTISING BETTER CYBER HYGIENE

Back in the summer of 2022, I created a list of topics that I wanted to feature in Blue Line in 2023. For this July/August edition, I picked topics like cybercrime, fraud, technology, and innovation. Little did I know back in 2022 that I would have a personal connection to this topic.

In early June, I interviewed Chris Lynam of the Royal Canadian Mounted Police (RCMP), who leads the team at the National Cybercrime Coordination Centre (NC3). We spoke about cybercrime, and our conversation ranged from how cybercriminals are evolving, to how his team approaches cybercrime and why everyone should practise cyber hygiene, including members of law enforcement.

Shortly after Chris and I ended our interview, my company's HR team called. They told me that they'd received an email—from my email address—requesting a change to my personal banking direct deposit details. They called me because they noticed the language and tone of the email didn't match my regular style, and they wanted to confirm if I had really made such a request.

I told them right away that I hadn't sent that email.

From there, they alerted our IT team of a possible hacking of my account, and they deactivated it while they investigated the matter. By the next morning, we

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PRACTISING BETTER CYBER HYGIENE [Continued from page 1]

learned that the hacker had only been able to send that one email to HR. Needless to say, my passwords were changed, multi-factor authentication was put in place, and I was able to get back to my work as usual.

When I told Chris Lynam of this weird coincidence, he urged me—or my IT team—to report it to local law enforcement because, even though the hacker was unsuccessful, he said, "the information could be useful to tracking down who was behind it and preventing additional attacks."

This was the first time that I had been cyberattacked, and I sincerely hope it's the last time. The weekend after this incident occurred, I changed all my personal passwords because I was worried I might be attacked again.

What I took away from this, and what you might as well, is that anyone can fall victim to a cybercrime attack. Remember, it's important to practice cyber hygiene, such as regularly changing passwords or adding multi-factor authentication.

Excerpted from: 'Practicing better cyber hygiene' By Brittani Schroeder. Published by Blue Line Magazine.



RESOURCES FOR POLICE FOUNDATIONS STUDENTS

ONLINE

OACP: oacp.on.ca

CACP: cacp.ca/index.html

Blue Line: blueline.ca

OPP: opp.ca/index.php

YRP: yrp.ca/en/careers.asp

TPS: torontopolice.on.ca/careers

PRINT

Mental Health Awareness: Practical Skills for First Responders and Mental Health Awareness: Self Care for First Responders, 2nd ed.

Fitness and Lifestyle Management for Law Enforcement, 6th ed.

Communications and Report Writing for Law Enforcement Professionals, 6th ed.

The Law Enforcement Handbook: Foundations,
Skills and Career Pathways

PRINT RESOURCES ARE AVAILABLE AT **EMOND.CA**



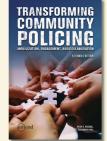
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SAFE CYBERSECURITY BEHAVIOURS

In a 2021 Verizon Data Breach Investigations Report, 85 percent of breaches involved a human element (Widup et al., 2021), featuring the need for strong cybersecurity practices. Many organizations publish guidelines for their employees, with advice such as (Berkeley Information Security Office, 2022): keeping your software up to date, be careful what you click on and never leave your devices unattended.

As users of numerous applications and computer systems, we must select our own secret usernames and passwords. While we can take many steps to keep these passwords secure on our side, it is quite likely that a breach will occur. For example, in 2012 there was a breach of LinkedIn that resulted in the exposure of millions of usernames and passwords, especially if they are being used across multiple platforms. Like many websites, LinkedIn supports using an email address as a username. There are cases where people have used the same password to access their email accounts that they use elsewhere. Threat actors often target specific individuals or corporations to search these exposed password datasets. If people have used the same or a similar password as the key to their corporate login account or to secure financial information, this can make the job of a threat actor easy.

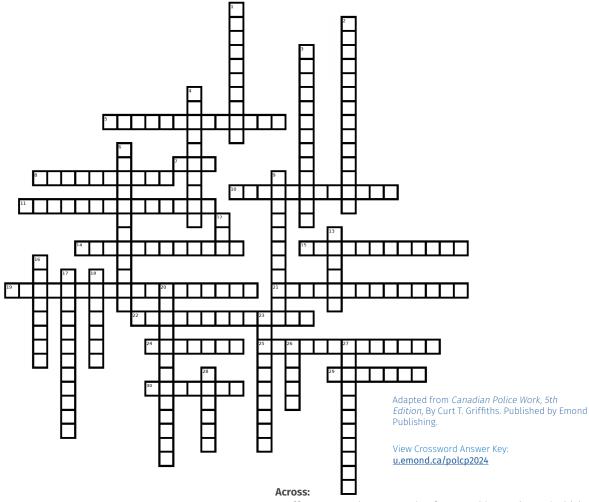
For example, if someone uses the same email and password across websites like Facebook, LinkedIn, and their work email, and LinkedIn experienced a breach, several pieces of information become publicly available. This includes the exposed email and password, information showing that this person works at a certain company, and that their work email can be easily found or publicly available. A bad actor can use this information to attack this person's company with a form of identity compromise, perform a ransomware escalation attack inside the company, or even steal the identity of this person and attack the victim's friends using personal knowledge found on Facebook.

A potential aide to this problem is using a password management tool to keep accounts and information more secure. Password management tools can generate unique and complex passwords for accounts, and cross-check between exposed password lists and your passwords. It will also give you feedback on your overall security and, in case of an emergency, a family sharing capability.

All of this emphasizes the need for unique passwords, twofactor authentication, and ongoing awareness for cybersecurity threats. Anyone can be a target in a security breach, and it's best to exercise caution when creating passwords.

Adapted from Cybersecurity in Canada: Operations, Investigations, and Protection, By Francis Syms and David J. Smith. Published by Emond Publishing.

POLICE CROSSWORD PUZZLE



- Down: 1. Statute of ___ is a statute that made policing a community responsibility.
- 2. Elevated alertness about potential dangers in the environment.
- 3. How patrol officers depict or categorize the people and situations they encounter.
- 4. Officers lying under oath in court.
- 6. ___ Police Act established a full-time, unarmed police force in London.
- 9. The ___ system is an early system of maintaining order in early England.
- 12. Genetic information that can be used in case investigations.
- 13. How behaviour is defined as right or wrong.
- 16. A strategy designed to increase the effectiveness and efficiency of police services while holding police personnel accountable for achieving crime reduction objectives.
- 17. Policies that establish standards of behaviour for police officers.
- 18. An ethical ___ is a situation in which a person has to make a decision or take a course of action in the face of two or more confllicting ethical principles or values.
- 20. A document that permits a police officer to arrest a specific person for a specified reason.
- 23. Unarmed officers who generally have special constable status.
- 26. ___ cop syndrome.
- 27. The practice whereby officers add entries to their notes at a later time. 28. System used by investigators, that includes information on predatory and sexual crimes of violence.

- 5. Officers protecting one another from outside scrutiny and criticism.
 - 7. The application of criminal intelligence analysis to facilitate crime reduction and prevention.
 - 8. The power or right to decide or act according to one's own judgment.
 - 10. A disproportionate police focus on a racialized population or neighbourhood.
 - 11. A model of police work involving a mix of traditional sworn police officers with new types of police and private security personnel.
 - 14. The attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner.
 - 15. Individual police officer misconduct.
 - 19. Individuals encountered by patrol officers who display mannerisms and behaviours that suggest the potential for violence.
 - 21. Evidence in criminal investigations that is detected through at least one of the five senses.
 - 22. Established the first full-time police service.
 - 24. The approach used by police dispatchers to determine key facts about a call.
 - 25. Group misconduct by police officers.
 - 29. Also known as the 80/20 rule.
 - 30. A discriminatory police practice of stopping persons randomly and asking for identification in the absence of any evidence they have committed a crime.

INSPIRATION

"Ethics is knowing the difference between what you have a right to do and what is right to do."

- Potter Stewart

"Don't be afraid. Be focused. Be determined. Be hopeful. Be empowered."

- Michelle Obama

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